



Republic of the Philippines
Department of Education
REGION IV-A CALABARZON
SCHOOLS DIVISION OF BATANGAS

06 Feb 2026

DIVISION MEMORANDUM
No. 088, s. 2026

**PARTICIPANTS TO THE REGION - 12TH HEEADSSSS WORKSHOP OF THE
PHILIPPINE CHILDRENS MEDICAL CENTER – ADOLESCENT MEDICINE
DIVISION (PCMC-AMD)**

To: Assistant Schools Division Superintendents
Chief- Curriculum Implementation Division (CID)
Chief- School Governance and Operations Division (SGOD)
Education Program Supervisors
Public Schools District Supervisors
Public and Private Elementary and Secondary School Heads
All Others Concerned

1. With reference to Regional Memorandum No. 77, s. 2026, this Office informs the participants to the 12th HEEADSSSS Workshop of the Philippine Childrens Medical Center – Adolescent Medicine Division (PCMC-AMD) on February 27, 2026 (Friday), from 8:00 a.m. to 5:00 p.m., at the PCMC Multipurpose Hall.
2. This workshop aims to:
 - a. Conduct SOGIE-inclusive HEEADSSSS psychosocial assessments by explaining environmental factors affecting diverse adolescents, applying gender-nuetral communication, and integrating affirming principles in practice scenarios;
 - b. Demonstrate stigma-reducing communication by discussing adolescent sexual behaviors' STI/HIV risks across genders and orientations, while advocating for accessible sexual health services in simulated scenarios with diverse SOGIE youth; and
 - c. Recognize strengths in SOGIE-diverse adolescents and their families and communicate in ways that respectfully support adolescents and caregivers in working through concerns together.
3. The participants are as follows:
 - a. Leonisa B. Mercado – Guidance Counsellor II – Taysan SHS
 - b. Maricho F. Sjafruddin - Teacher II - Lobo Shs
 - c. Jojo A. Amurao - Guidance Counselor III - Malvar School of Arts and Trade
 - d. Marian C. de Mesa- Guidance Counselor II - Balayan Senior High School
 - e. Angelou A. Masakayan – Guidance Counselor II – Dr. Juan A. Pastor MINHS
4. This memorandum serves as Travel Order of the participants. Expenses relative to the conduct of this activity shall be charged against School MOOE, subject to usual accounting and auditing rules and regulations.



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5. Immediate dissemination of this Memorandum is desired.


MARITES A. IBANEZ, CESO V
Schools Division Superintendent 

Encl: As Stated

Reference: RM No. 77 s. 2026

To be indicated in the Perpetual Index under the following subject:

Issuances: Division Memorandum

SHN, DM-2026 PARTICIPANTS TO THE REGION - 12TH HEEADSSS WORKSHOP OF THE PHILIPPINE CHILDRENS MEDICAL CENTER – ADOLESCENT MEDICINE DIVISION (PCMC-AMD), R2-149214, 06022026



Republic of the Philippines
Department of Education
REGION IV-A CALABARZON



30 January 2026

Regional Memorandum

No. 77 s. 2026

**12TH HEEADSSS WORKSHOP OF THE PHILIPPINE
CHILDREN'S MEDICAL CENTER – ADOLESCENT
MEDICINE DIVISION (PCMC-AMD)**

To: **Schools Division Superintendents
All Others concerned**

1. Relative to Memorandum OM-OUGOPS-2026-08-08058¹, the Department of Education Regional Office IV-A CALABARZON, through the Education Support Services Division–School Health Section, announces the invitation from the Philippine Children's Medical Center–Adolescent Medicine Division (PCMC-AMD) to the **12th HEEADSSS Workshop** focusing on LGBTQIA+teens, titled "*Seeing Beyond Stereotypes: Promoting Healthy Gender Attitudes in Teens*," to be held on **February 27, 2026** (Friday), from **8:00 a.m. to 5:00 p.m.**, at the **PCMC Multipurpose Hall**.
2. The workshop aims to:
 - a. conduct SOGIE-inclusive HEEADSSSS psychosocial assessments by explaining environmental factors affecting diverse adolescents, applying gender-neutral communication, and integrating affirming principles in practice scenarios;
 - b. demonstrate stigma-reducing communication by discussing adolescent sexual behaviors' STI/HIV risks across genders and orientations, while advocating for accessible sexual health services in simulated scenarios with diverse SOGIE youth; and
 - c. recognize strengths in SOGIE-diverse adolescents and their families and communicate in ways that respectfully support adolescents and caregivers in working through concerns together.
3. Invited participants are the DepEd health personnel and guidance counselors from each of the 25 Schools Division Offices. All attendees are expected to accomplish the registration form through the provided link on or before February 14, 2026: <https://forms.gle/c4ioTCdEWxY6RLmK8>. The registration fee for the workshop is Php 2,000. Physician, Nursing Guidance Counselor, Psychologist, and Professional Teacher PRC units and PPS units applied.
4. This office supports the PCMC's request that interested participants attend the workshop and learn effective approaches to supporting and managing adolescent psychosocial health **on official business**. Registration fees and travel expenses for the activity will be charged to the available Adolescent Reproductive Health

¹ Attendance of Interested DepEd Health Personnel and Guidance Counselors at the 12th HEEADSSS Workshop of the Philippine Children's Medical Center-Adolescent Medicine Division (PCMC-AMD)



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(ARH) Program Support Funds (PSF)/MOOE/local funds, subject to the usual accounting and auditing rules and regulations.

5. Attached are the aforementioned memorandum and letter of invitation from PCMC-AMD for your reference.
6. For concerns and inquiries, contact Dr. Lea Joana Talucod or Dr. Alexandra De Los Santos, a fellow of PCMC, at 0917-8422084. Other related inquiries about the HEEADSSS workshop, you may contact Dr. Lilibeth Midrano-Gonzales, OIC, Chief Health Program Officer, or Ms. Phanny S. Ramos, Health Education and Promotion Officer III of the BLSS-School Health Division, via email at blss.shd@depe.gov.ph or by calling (02) 8632-9935.
7. Immediate dissemination and strict compliance of this Memorandum is desired.


ATTY. ALBERTO T. ESCOBARTE, CESO II
Regional Director

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